



香港沙遊治療學會
HKSTA

Anxiety:

Its manifestation and transformation in Sandplay Therapy with children and adolescents

DEFENCES **PREVERBAL** **ADOLESCENCES** **CHILD**
SANDPLAY
ANXIETY
SYMBOLIC EXPRESSION **RESOURCES**
CONTAINMENT **FEAR** **MANIFEST**

Online workshop

Dates:

19 Oct (Sat), 20 Oct (Sun), and
22 Oct (Tue), 29 Oct (Tue), 2024
(4 sessions of 3 hours each)

Time: 7 – 10 pm (HK Time)

Format: Zoom

Language: English

Training hours:

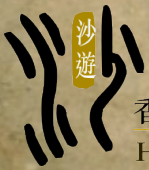
12 hours online workshop accredited by ISST
(See ISST training requirement)

OUR TRAINER



Maria Kendler, MPhil, MSc, teaching member of SGSST and ISST, a clinical psychologist, with professional experience in individual and institutional settings. Presently she is working in a private practice in Morges, the French part of Switzerland. She uses Sandplay with children, adolescents and adults. Maria is an experienced and renowned Sandplay Therapy teacher in Switzerland and around the world.

Maria is the president of the Swiss Society for Sandplay Therapy (SGSST) and Vice President of the ISST for Europe, Africa and Middle East. She is also the responsible editor of the Swiss-German Journal for Sandplay Therapy (Zeitschrift für Sandspieltherapie) for 10 years.



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Training Outline

Starting from general questions about anxiety in its various clinical forms and basic therapeutic reflections about the treatment of anxiety, we will focus on this phenomena in Sandplay Therapy from different perspectives:

- How does the client come to a symbolic expression of anxiety when language fails?
- How does the sensorial dimension of Sandplay allow the treatment of anxiety on a preverbal level?
- How to deal with difficulties and defences against the expression of anxiety?
- Recognize specific symbols for the expression of fear.
- How can the therapist support the transformation of anxiety in Sandplay Therapy by his containing presence?
- Recognize the appearance of resources in sand pictures that will help the client to encounter his/her fears.

Several sequences of Sandplay processes of children and adolescents will help us to develop clinical skills related to these questions. We will identify different forms of anxiety which are expressed in sand pictures and observe how they can be processed throughout a series of therapeutic sessions.



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Enrollment:

Dates: 19 Oct (Sat), 20 Oct (Sun), 22 Oct (Tue), and 29 Oct (Tue), 2024
(4 sessions of 3 hours each)
Time: 7 – 10 pm (Hong Kong Time)
Format: Zoom
Language: English
Total hours: 12 hours online workshop accredited by ISST

Workshop fee:

Early bird (on or before 30/9/2024) HKSTA member HK\$ 1,900
Non-member HK\$ 2,400

Regular Fees (After 30/9/2024) HKSTA member HK\$ 2,200
Non-member HK\$ 2,700

On-line registration: <https://forms.gle/958A2xW6hymWXoVb6>

Registration



Application Procedure:

1. Please fill in the Google registration link. If you encounter any difficulties, please feel free to contact us at admin@hksandplay.org.
2. Please note that according to ISST training requirement to become a certified ISST sandplay therapist, up to 50 hours out of 100 hours may be completed online.
(see <https://www.isst-society.com/becoming-a-certified-member-2/#stepsreq>)

Certification



3. Please deposit your payment into the bank account of "Hong Kong Sandplay Therapy Association" Hang Seng Bank #228-338430-001 or by Telegraphic Transfer ("TT")
Swift Code: HASE HKHH
Bank Name: Hang Seng Bank
Bank Address: 83 Des Voeux Road, Central, Hong Kong
Bank Code: 024
4. Upload your payment slip onto our google registration.
5. After receiving proof of payment, we will confirm your registration by email. If you do not receive our confirmation email within 7 days, please contact us at admin@hksandplay.org or +852 9027 9558.
6. No refunds will be made upon successful enrolment.
7. Overseas applicants paying by TT will bear the handling charges for BOTH parties.

IMPORTANT: If we do not receive full payment, HKSTA reserves the right to decline your attendance without any refund.

For Enquiries: WhatsApp only: +852 9027 9558 or Email: admin@hksandplay.org